



Pamela D Smith

Award-Winning Author and Minister



Houston Style Magazine

SELAH PRAYER BOOK

A guided reading and reflection resource to lead women through structured prayer and thoughtful reflection, creating space to process emotions and reconnect spiritually.

- Prayers that help release emotional weight
- Reflection prompts that encourage self-awareness
- Scripture centered moments that strengthen spiritual connection
- Intentional pauses that cultivate rest and inner peace

SELAH PRAYER FACILITATION

Opening and closing prayer along with facilitation of the panel discussion to ensure the flow is spirit-led, impactful, and provides take-aways for attendees

- Opening and closing prayer to set and seal the atmosphere
- Moderation of panel discussion with guided spirit-led flow
- Supporting the host for ease, flow, and engagement

SELAH SOUL CARE SESSION

A 90-minute session of prayer, reading, reflection, and biblical discussion paired with the Selah Prayer Book. For Women's Ministries, Sunday School classes, Bible Study groups or teams.

- Biblical discussion on rest, peace, and emotional wholeness
- Reading passages from The Selah Prayer Book and life application discussion
- Learn effective strategies on soul care so women can heal from the inside out

About Pamela

Pamela D. Smith; a devoted wife, mother, and career professional who discovered a sustaining source of strength that she now shares with women across the world. A Licensed Minister, Presidential Lifetime Achievement Award Recipient, and award-winning author. Pamela's service goes far beyond speaking about God.



Pamela is deeply committed to creating spaces where women truly encounter God for themselves. Pamela teaches that a consistent prayer life is not merely a spiritual obligation, but the highest form of soul-care and emotional wellness.

Past Engagements:

Allstate Insurance, Christ Temple Church, Zion Hill Church, St. Peter Church, La'Shaes Business Expo, Boss Babes Who Pray Business Conference, NAAWLI CoHort, +

Media and Contact Information:

Email: info@pameladsmith.net

Website: www.pameladsmith.net

Testimonial:

"Special thanks to Pamela D. Smith, our dynamic speaker. She preached, taught, and prayed. There was not a dry eye in sight. We received tips that will help us for life-" TJ's Posh Events Owner

Published Work



In a world that rewards constant activity and emotional exhaustion, *Selah: Prayers for Rest, Peace, and Emotional Wholeness* invites women to rediscover the sacred power of pause. Through deeply reflective, Scripture-rooted prayers, this book gently guides the heart back to God's presence where peace restores the soul and clarity replaces emotional overwhelm. Each prayer creates space for healing, helping women release pressure, quiet inner noise, and reconnect with the steady rhythm of communion with God.

Available for purchase in single or bulk copies: www.pameladsmith.net

